

SPA LUNCH MENU

STARTER

SOUP OF THE DAY

home-made brown soda bread

CHICKEN & PORK TERRINE

house salad, cranberry, pistachio **(1,10,11(wheat,wholemeal,oats)13)**

BUFFALO SALAD

chicken, spinach, celery, carrots, cucumber, avocado,
red onion, cherry tomato, blue cheese sauce **(1,2,12)**

MAIN COURSE

SALMON FILLET

crushed baby potatoes, steamed broccoli, lemon &
caper sauce **(2,5,9,13)**

CHICKEN SUPREME

mashed potato, fine beans, white wine mushroom
sauce **(2,9,13)**

SUPERFOOD SALAD

beetroot, avocado, red onion, quinoa, blueberry, olives, radicchio
(13)

DESSERT

MANGO CULFIT (2)

APPLE CRUMBLE

vanilla ice cream, custard **(1,9,11wheat)**

CRÈME BRÛLÉE

strawberries **(1,2)**

GLENFIELD FARM ICE CREAM

butter biscuit sand
(1,2,6,8,10)

Allergen Index

1. Eggs, 2. Dairy, 3. Crustaceans, 4. Molluscs, 5. Fish, 6. Peanuts, 7. Sesame, 8. Soya, 9. Sulphur Dioxide,
10. Nuts, 11. Gluten (Wheat, Semolina, Wholemeal, Bran, Rye), 12. Celery, 13. Mustard, 14. Lupin (Barley, Oats)
Whilst we make every effort to ensure the accuracy & comprehensiveness of our allergen information, all 14
allergens are used in the Kitchen